

VOLUNTEERING POST DESCRIPTOR



Title	Child Healthy Weight - MEND Ref No:
Location	Programmes run where required throughout East Ayrshire. Transport expenses or assistance will be provided
Age limits	14+
Dress code	Volunteers are provided with a T-shirt and should wear comfortable clothing, no football colours.
Times/ Days	Volunteer opportunities will be offered on an as and when needed basis. MEND session delivery times can vary from programme to programme therefore can take place on a weekday, evenings and weekends.
PVG/Basic Disclosure Required	PVG Children Regular teaching/instruction and supervising children.
Pre-entry Qualifications Required?	Yes <input type="checkbox"/> No <input type="checkbox"/>
If Yes, detail	
Team/ Section providing the opportunity	Play and Early Intervention Team Contact Number: (01563) 576415
Duties and Responsibilities	<ul style="list-style-type: none"> • To assist the MEND team in the delivery of health related physical activity sessions with a pertinent focus on increasing participants self confidence and self-esteem • Assist in the delivery of structured health-related physical activities. • Ensure compliance with health and safety guidelines at all times. • Interact with MEND participants and families. • Self motivation and enthusiasm is required at all times. • Any other duties relevant to the voluntary position <p>We ask all volunteers to:</p> <ul style="list-style-type: none"> • Have time and enthusiasm for volunteering • Understand the need for support and supervision • Have the time to undertake ongoing training • Be reliable

East Ayrshire's Vibrant Communities service provides a range of services/support to community groups and individuals across East Ayrshire.

The services provided include

- External funding
- Mobile skate park
- Community councils
- Working with parents and children
- Working with young people
- Working with older people
- Health information/classes
- IT classes
- Literacy and numeracy
- All ability sports activities.

And much more

The wide range of services provided means we can offer a wide range of volunteering opportunities in a variety of settings and locations.

Training:

Prior to appointment, all volunteers will be required to undertake mandatory training in the following topics:

- Protecting people
- Vibrant Communities overview
- Customer care and complaint handling
- Diversity and equality

All of these courses will be undertaken on-line after registration as a Vibrant Communities volunteer is completed.

Other Training

Induction training will be delivered by volunteer supervisor. CPI (Personal safety) and Manual Handling (objects) training will require to be completed within 6 months of appointment.

Specific training for this position - Play @ Home, MEND and Fun 4 Hire training will also be provided before placement begins.

A wide range of further training opportunities are available to all volunteers, both post specific and general.