




















# EARLY YEARS LUNCH and DINNER MENU 2023/24











## WEEK ONE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>LUNCH</b>				
Lentil soup 		Potato soup 		Vegetable soup 
Steak mince pie, mashed potato & carrots	Chicken goujons, potato wedges & mixed salad 	Hotdog, potato wedges & sweetcorn	Roast chicken, Yorkshire pudding, mashed potato & broccoli 	Fish, chips & mushy peas
	Strawberry ice cream & fruit		Peach melba sponge & custard	
<b>DINNER</b>				
Potato soup 		Vegetable soup 	Vegetable broth 	
Macaroni, garlic bread & peas 	Pork sausages, mashed potato & turnip	Chicken meatballs in tomato sauce, spaghetti & mixed salad	Fish, chips & mushy peas	Steak pie, mashed potato & broccoli/cauliflower
	Crackers & cheese			Chocolate & pear sponge & custard

## WEEK TWO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>LUNCH</b>				
Potato soup 		Vegetable soup 		Lentil soup 
Macaroni, garlic bread & peas 	Pork sausages, mashed potato & turnip	Chicken meatballs in tomato sauce, spaghetti & mixed salad	Salmon fish fingers, chips & mushy peas	Steak pie, mashed potato & broccoli/cauliflower
	Crackers & cheese		Chocolate & pear sponge	
<b>DINNER</b>				
Vegetable soup 		Potato soup 		Lentil soup 
Spaghetti bolognese & peas 	Chicken curry, rice & sweetcorn 	Beefburger in a bun, potato wedges & sliced tomatoes	Homemade cheese & tomato pizza, potato wedges & mixed salad 	Fish, chips & mushy peas
	Jam & coconut sponge & custard		Natural yoghurt & berry sundae	

## WEEK THREE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>LUNCH</b>				
Vegetable soup 		Potato soup 		Lentil soup 
Spaghetti Bolognese & peas	Chicken curry, rice & sweetcorn 	Beef burger in a bun, potato wedges & sliced tomatoes	Homemade cheese & tomato pizza, potato wedges & mixed salad 	Fish, chips & mushy peas
	Jam & coconut sponge & custard		Natural yoghurt & berry sundae	
<b>DINNER</b>				
Lentil soup 		Potato soup 		Vegetable soup 
Steak mince pie, mashed potato & carrots	Chicken goujons, potato wedges & mixed salad 	Hotdog, potato wedges & sweetcorn	Roast chicken, Yorkshire pudding, mashed potato & broccoli 	Salmon fish fingers, chips & mushy peas
	Strawberry ice cream & fruit		Peach melba sponge & custard	

All soups are made fresh daily.  
 Fresh fruit & vegetables will be seasonal.  
 If your child has any allergies or dietary requirements  
 please contact your child's ECC.

Vegetarian 

Vegan 

Halal 

