

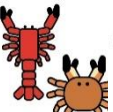

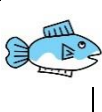











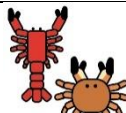

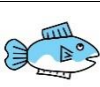
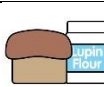












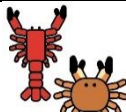

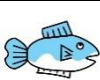









DISHES AND THEIR ALLERGEN CONTENT – Secondary Schools Week 1 Monday 2020-2021

DISHES														
	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Farmhouse Lentil Soup	x	May Contain											May Contain	
Chicken Curry and Brown Rice	x	X Spices may contain Wheat/Gluten							x					
Coleslaw				x										
Sausage Sizzler		X Wheat/Gluten										X May Contain		X
Cheese and Ham Panini		X Wheat/Gluten					X						X	
Cheese and Tomato Pizzini		X Wheat/Gluten					X							
Tuna Sub Roll		X Wheat/Gluten May Contain Rye/Barley/Oats		X	X		X					X May Contain	X	
Yogurt							X							



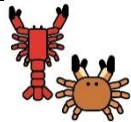











DISHES AND THEIR ALLERGEN CONTENT –Secondary Schools Week 1 Tuesday 2020-2021

DISHES														
	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Seasonal Vegetable Soup	X													
Classic Fish and Chips		X Wheat/ Gluten			X									
Tomato Pasta		X Wheat/ Gluten												
Cheese Panini		X Wheat/ Gluten					X						X	
Cheese and Tomato Pizzini		X Wheat/ Gluten					X							
Yogurt							X							
Egg Sub Roll		X Wheat/Gluten May Contain Rye/Barley/ Oats		X			X					X May Contain	X	





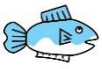
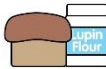








DISHES AND THEIR ALLERGEN CONTENT – Secondary Schools Week 1 Wednesday 2020-2021

DISHES														
	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Potato and Leek Soup	X													
Steak Pie with Mashed Potatoes	X	X Wheat/ Gluten					X Potatoes							
Baked Potato with Cheese							X							
Coleslaw				X										
Cheese and Ham Panini		X Wheat/ Gluten					X						X	
Cheese and Tomato Pizzini		X Wheat/ Gluten					X							
Chicken Burger		X Wheat/ Gluten		X								X		
Yoghurt							x							



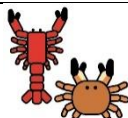

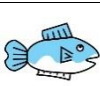
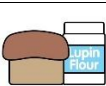








DISHES AND THEIR ALLERGEN CONTENT – Secondary Schools Week 1 Thursday 2020-2021

DISHES														
	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Chicken and Rice Soup	X													
Chicken Goujons with Savoury Rice	X	X Wheat/ Gluten											X	
Creamy Macaroni with Garlic Bread		X Wheat/ Gluten					x						X Garlic Bread May contain	
Tuna Melt Panini		X Wheat/ Gluten			X		X						X	
Cheese and Tomato Pizzini		X Wheat/ Gluten					X							
Coleslaw				X										
Gammon Sub Roll		X Wheat/Gluten May Contain Rye/Barley/ Oats		X May contain			X					X May contain	X	



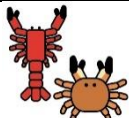


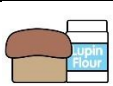








DISHES AND THEIR ALLERGEN CONTENT – Secondary Schools Week 1 Friday 2020-2021

DISHES														
	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tomato Soup	X													
Chilli Con Carne with Brown Rice	X													
Homemade Cheese and Tomato Pizza		X Wheat/ Gluten					X							
Spicy Chicken Panini		X Wheat/ Gluten					X						X	
Cheese and Tomato Pizzini		X Wheat/ Gluten					X							
Coleslaw				X										
Chicken Mayo Sub		X Wheat/Gluten May Contain Rye/Barley/ Oats		X			X					X May contain	X	




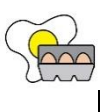

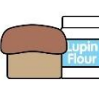








DISHES AND THEIR ALLERGEN CONTENT – Secondary Schools Week 2 Monday 2020-2021

DISHES														
	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Carrot and Potato Soup	X													
Pork Links and Mashed Potato	X	X Wheat/ Gluten					X						X	X
Baked Potato with Beans														
Cheese Panini		X Wheat/ Gluten					X						X	
Cheese and Tomato Pizzini		X Wheat/ Gluten					X							
Coleslaw				X										
Tuna Sub Roll		X Wheat/Gluten May Contain Rye/Barley/ Oats		X	X		X					X May contain	X	
Yogurt							X							



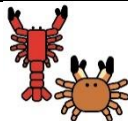











DISHES AND THEIR ALLERGEN CONTENT – Secondary Schools Week 2 Tuesday 2020-2021

DISHES														
	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Seasonal Vegetable Soup	X													
Chicken Fajitas	X	X Wheat/ Gluten											X	
Stir Fry Vegetable Noodles	X	X Wheat/ Gluten		X									X	
Cheese and Ham Panini		X Wheat/ Gluten					X						x	
Cheese and Tomato Pizzini		X Wheat/ Gluten					X							
Coleslaw				X										
Turkey Sub Roll		X Wheat/Gluten May Contain Rye/Barley/ Oats					X					X May contain	X	
Yogurt							X							



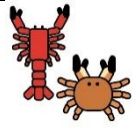











DISHES AND THEIR ALLERGEN CONTENT – Secondary Schools Meals Week 2 Wednesday 2020-21

DISHES														
	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Carrot and Coriander Soup	X													
Classic Breaded Fish and Chips		X Wheat/ Gluten			X									
Creamy Macaroni Cheese and Garlic Bread		X Wheat/ Gluten					X						X Garlic Bread May contain	
Cheese and Onion Panini		X Wheat/ Gluten					X						X	
Coleslaw				X										
Cheese and Tomato Pizzini		X Wheat/ Gluten					X							
Veggie Burger		X Wheat/ Gluten										X		X
Yogurt							X							

DISHES AND THEIR ALLERGEN CONTENT - Secondary Schools Meals Week 2 Thursday 2020-21

DISHES														
	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Farmhouse Lentil Soup	X	May Contain											May Contain	
Katsu Curry with Brown Rice	X	X Wheat/ Gluten		X			X						X	
Vegetarian Sausage Rolls and Beans		X Wheat/ Gluten												
Tuna Melt Panini		X Wheat/ Gluten		X			X						X	
Yoghurt							X							
Coleslaw				X										
Cheese and Tomato Pizzini		X Wheat/ Gluten					X							
Gammon Sub Roll		X Wheat/Gluten May Contain Rye/Barley/ Oats					X					X May contain	X	

DISHES AND THEIR ALLERGEN CONTENT – Secondary Schools Meals Week 2 Friday 2020-21

DISHES														
	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Leek and Potato Soup	X													
Beefburger and Potato Wedges		X Wheat/ Gluten										X	X	X
Vegetable Rogan Josh with Brown Rice	X	X May contain Wheat/ Gluten							X					
Ham Panini		X Wheat/ Gluten					X						X	
Cup Cake Friday		X Wheat/ Gluten		X			X							
Chicken Mayo Sub Roll		X Wheat/Gluten May Contain Rye/Barley/ Oats					X					X May contain	X	
Cheese and Tomato Pizzini		X Wheat/ Gluten					X							
Coleslaw				X										