

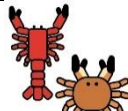



























## DISHES AND THEIR ALLERGEN CONTENT – East Ayrshire Primary School Week 1 Monday 2020-2021

DISHES														
	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Farmhouse Lentil Soup	x	May Contain											May Contain	
Chicken Curry and Brown Rice	x	X Spices may contain Wheat/Gluten							x					
Baked Potato with Cheese							x							
Sausage Sizzler		X Wheat/Gluten										X Rolls May Contain	x	x
Yogurt							x							
Side Salad														






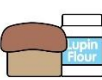








Review Date 24-06-20

## DISHES AND THEIR ALLERGEN CONTENT – East Ayrshire Primary School Week 1 Tuesday 2020-2021

DISHES														
	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Seasonal Vegetable Soup	X													
Classic Fish and Chips		X Wheat/ Gluten			X									
Tomato Pasta		X Wheat/ Gluten												
Egg Sandwich		X Wheat/ Gluten		X			X						X	
Yogurt							X							
Side Salad														






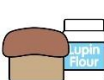








Review Date 24-06-20

## DISHES AND THEIR ALLERGEN CONTENT – East Ayrshire Primary School Week 1 Wednesday 2020-2021

DISHES														
	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Potato and Leek Soup	X													
Steak Pie with Mashed Potatoes	X	X Wheat/ Gluten					X Potatoes							
Macaroni Cheese with Garlic Bread		X Wheat/ Gluten					X						X Garlic Bread May Contain	
Chilli Chicken Wrap		X Wheat/ Gluten					X							
Yoghurt							X							
Side Salad														






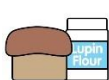








Review Date 24-06-20

## DISHES AND THEIR ALLERGEN CONTENT – East Ayrshire Primary School Week 1 Thursday 2020-2021

DISHES														
	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Chicken and Rice Soup	X													
Chicken Goujons with Savoury Rice	X	X Wheat/ Gluten											X	
Salmon Fish Fingers		X Wheat/ Gluten			X									
Gammon Sandwich		X Wheat/ Gluten					X						X	
Yoghurt							X							
Side Salad														






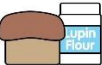








Review Date 24-06-20

## DISHES AND THEIR ALLERGEN CONTENT – East Ayrshire Primary School Week 1 Friday 2020-2021

DISHES														
	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tomato Soup	X													
Chilli Con Carne with Brown Rice	X													
Homemade Cheese and Tomato Pizza		X Wheat/ Gluten					X							
Tuna Sandwich		X Wheat/ Gluten			X		X						X	
Ice Cream with Fruit							X							
Side Salad														






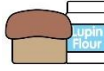








Review Date 24-06-20

# DISHES AND THEIR ALLERGEN CONTENT – East Ayrshire Primary School Week 2 Monday 2020-2021

DISHES														
	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Carrot and Potato Soup	X													
Pork Links and Mashed Potato	X	X Wheat/ Gluten					X						X	X
Baked Potato with Beans														
Tuna and Sweetcorn Pasta Salad		X Wheat/ Gluten		X	X									
Yogurt							x							
Side Salad														

Review Date 24-06-20

## DISHES AND THEIR ALLERGEN CONTENT – East Ayrshire Primary School Week 2 Tuesday 2020-2021















DISHES														
	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Seasonal Vegetable Soup	X													
Chicken Fajitas	X												X	
Stir Fry Vegetable Noodles		X Wheat/ Gluten		X									X	
Cheese Panini		X Wheat/ Gluten					X						x	
Yogurt							X							
Side Salad														

Review Date 24-06-20



You can find this template, including more information at [www.food.gov.uk/allergy](http://www.food.gov.uk/allergy)

## DISHES AND THEIR ALLERGEN CONTENT – East Ayrshire Primary School Meals Week 2 Wednesday 2020-21

DISHES														
	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Carrot and Coriander Soup	X													
Classic Breaded Fish and Chips		X Wheat/ Gluten			X									
Creamy Macaroni Cheese and Garlic Bread		X Wheat/ Gluten					X						X Garlic Bread May contain	
Egg Sandwich		X Wheat/ Gluten		X			X						X	
Yogurt							X							
Side Salad														




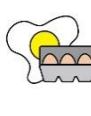

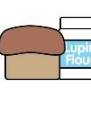






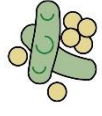

Review Date 24-06-20



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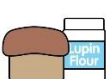










## DISHES AND THEIR ALLERGEN CONTENT – East Ayrshire School Meals Week 2 Thursday 2020-21

DISHES														
	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Farmhouse Lentil Soup	X	May Contain											May Contain	
Katsu Curry with Brown Rice	X	X Wheat/ Gluten		X			X						X	
Vegetarian Sausage Rolls and Beans		X Wheat/ Gluten												
Gammon Sandwich		X Wheat/ Gluten					X						X	
Yoghurt							X							
Side Salad														

Review Date 24-06-20

## DISHES AND THEIR ALLERGEN CONTENT – East Ayrshire School Meals Week 2 Friday 2020-21

DISHES														
	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Leek and Potato Soup	X													
Beefburger and Potato Wedges		X Wheat/ Gluten										X	X	X
Vegetable Rogan Josh with Brown Rice		X Spices May Contain Wheat/ Gluten												
Savoury Cheese Sandwich		X Wheat/ Gluten					X						X	
Coleslaw				X										
Cup Cake Friday		X Wheat/ Gluten		X			x							
Yoghurt							X							

Review Date 24-06-20