



EAST AYRSHIRE CHILD PROTECTION COMMITTEE

PRACTITIONER BRIEFING NOTE

NO 24

TOPIC: TRANSFORMING PSYCHOLOGICAL TRAUMA: A KNOWLEDGE AND SKILLS FRAMEWORK FOR THE SCOTTISH WORKFORCE

BRIEFING: Scottish Government policy aims to tackle the significant inequalities that people often experience as a result of trauma and abuse. Through commissioning and developing this framework the Government has taken a large step forward in considering the broader impact on people living through trauma, at any stage of their life.

Research working with people who have lived through traumatic events has helped understanding that many people who experienced abuse and trauma are resilient and will recover with little or no additional support. However, it is crucial to recognise that living through traumatic events and adverse childhood experiences (ACE) increase the risk of inequalities, disadvantage and poorer wellbeing outcomes including poor physical and mental health and reduced educational and social attainment.

This framework involves recognising the need for trauma related knowledge and skills across the whole workforce, not just for those with a remit to respond directly to the needs of those affected by trauma. It is designed to support the workforce in recognising existing skills and knowledge and in helping them to make informed decisions about the most suitable evidence based training to meet gaps.

It is recognised that not everyone needs to be a trauma expert, but everyone needs to feel confident about their role in relation to ensuring excellence in outcomes for people affected by trauma. Responding to trauma is everybody's business and the framework document is well worth a read. The framework can be accessed via the link below:

<http://www.nes.scot.nhs.uk/media/3971582/nationaltraumatrainingframework.pdf>

FURTHER

INFORMATION: For Further information please contact:

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