



PROTECTING PEOPLE in EAST AYRSHIRE

COVID-19 brings uncertain times but now, more than ever, our priority is to make sure we support and protect people from harm and abuse.

If you think someone is in immediate danger call the Police on 999

Our services are open and continue to provide help and support. If you know, or think you know, someone who is at risk, or is being neglected or harmed, please tell us. We are here to provide help and support.

Worried about an adult or child

East Ayrshire North

01563 554200

East Ayrshire South

01290 427720

E-mail

HSCPcustomerfirst@east-ayrshire.gov.uk

*Service operates Monday to Thursday 9am – 5pm,
Friday 9am – 4pm*

Problems with alcohol or substance use

NHS Addiction Service East Ayrshire

01563 574237

We are With You (formerly Addaction)

01563 558777

Scottish Families affected by Alcohol & Drugs 08080 101011

Ayrshire Council on Alcohol

01292 281238

Experiencing violence or abuse

East Ayrshire Women's Aid

01563 536001

Hemat Gryffe Women's Aid

0141 353 0859

Break the Silence

01563 559558

Turn to Us-The Star Centre

01563 544686

Victim Support

01563 540252

Abused Men in Scotland

0808 800 0024

Men's Advice Line

0808 801 0327

LGBT Helpline Scotland

0300 123 2523

Modern Slavery Helpline

08000 121 700

National Victim Support

0800 160 1985

National Domestic Abuse Helpline (24hr)

0800 027 1234



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in East Ayrshire



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East Ayrshire Council
Comhairle Siorrachd Àir an Ear

Worried about suicide or self-harm

Emergencies
999

Samaritans
116 123

Breathing Space
0800 83 85 87

NHS 24
111

View a full directory of support on our suicide prevention page

<https://www.east-ayrshire.gov.uk/SocialCareAndHealth/Information-and-advice/Suicide-prevention/SuicidePrevention.aspx>

Help available in your local community

Vibrant Communities
01563 576354

E-mail
vibrantcommunities@east-ayrshire.gov.uk

Befriending Service
01563 576354

School meals or community food provision 01563 554400

Food Bank
01563 574000

Citizens Advice Bureau
01563 543379

Financial Inclusion Team
0800 389 7750

East Ayrshire Council Universal Credit Support Team
01563 503280

View our community support page for more help and advice

<https://www.east-ayrshire.gov.uk/CouncilAndGovernment/Coronavirus/Community-support.aspx>

Scams or fraud

Trading Standards
01563 576790 (option 5)

E-mail
tradingstandards@east-ayrshire.gov.uk

Find out more about scams and what to look out for
<https://www.east-ayrshire.gov.uk/CouncilAndGovernment/Coronavirus/Environmental-health-and-trading-standards.aspx>

Worried about someone out of hours or over the weekend

Ayrshire Urgent Care Service
0800 328 7758

Other support

Scotland's National BSL Interpreting Video Relay Service
<https://contactscotland-bsl.org/>

East Ayrshire Sensory Impairment Team
01563 554200 (Kilmarnock and surrounding area)
01290 427720 (Cumnock and surrounding areas)

E-mail
social.work@east-ayrshire.gov.uk

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