



# Children & Young People's Cabinet

Joint Meeting with Community Planning Partnership,  
Held online Microsoft Teams 4pm

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Thursday 12th August 2021



Children & Young  
People's Cabinet

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COMMUNITIES



East Ayrshire Council  
Comhairle Siorrachd Àir an Ear

# JOINT COMMUNITY PLANNING PARTNERSHIP

## 12th August 2021

### Session Report



#### In Attendance

Eddie Fraser, Chief Executive;  
Joe McLachlan, Head of Finance,  
Cllr Claire Leitch, EAC  
Andrew Kennedy, EAC,  
Crawford McGuffie, AAHB,  
Ian McMeekin SFRS,  
Lisa Jamieson AGD,  
James Lally EAC  
Ian Tough EAC  
Julie Hope EAC  
Craig McArthur HSCP,  
Derek Frew, Police Scotland,  
John Senior, CPP Board,  
Adam Strain, Team Leader, YPSD,  
June McIntyre EAC  
Lorraine Rennix EAC,  
Hazel Borland NHS,  
Lesley Bowie NHS  
Elaine Hutton, Ayrshire College  
Mary Patterson, Community Worker,  
Heather McCormick, Community Worker,  
  
Children and Young People's Cabinet  
Members : Ewan Carmichael (Chair), Liam  
Fowley MSYP, Caleb Lincoln, Mark Chan,  
Catriona Smith, Jamie Kerr, Liam  
Armstrong MSYP, Mason Cook, Paige  
Holland (Vice Chair), Morgan Patterson,  
Alfie Baird, Hannah Johnstone , Natasha  
Watson, Cloe Massy, Beth Pyott, Molly  
McIntyre, Charlotte Dinnen.

#### East Ayrshire Community Planning Partnership and East Ayrshire Children and Young People's Cabinet

#### MS TEAMS—ONLINE

Thursday 12th August 2021

### A G E N D A

4.00 pm	<b>Welcome and Opening Remarks</b> Eddie Fraser, Chief Executive EAC
4.10 pm	<b>CYP Cabinet Update</b> Ewan Carmichael (Chair CYPC)
4.20 pm	<b>Strategic Priorities 2021 : 24</b> <i>Ayrshire Growth Deal</i> Lisa Jamieson
4.30 pm	<b>Breakout Groups Session 1</b> Cabinet Members to Facilitate
4.50 pm	<b>Feedback from Breakout Group 1</b>
5.00pm	<b>Strategic Priorities 2021 : 24</b> <i>Caring for Ayrshire</i> Dr Crawford McGuffie, AAHB NHS
5.20 pm	<b>Breakout Groups Session 2</b> Cabinet Members to Facilitate
5.30pm	<b>Feedback from Breakout Group 2</b>
5.40 pm	<b>COP26 Youth Conference Update</b>
5.50 pm	<b>AOCB</b>
6.00 pm	<b>Way Forward and Closing Thanks</b> Eddie Fraser, Chief Executive, Ewan Carmichael (Chair CYPC)

## WELCOME AND INTRODUCTION

Eddie Fraser, Chief Executive, East Ayrshire Council welcomed everyone to the meeting and as there was a number of new faces present, time was taken for everyone to briefly introduce themselves.

Eddie then introduced the new CPP Strategic Priorities, advising that over the next 10-15 years we will see an unprecedented level of investment coming in to East Ayrshire, through renewal and recovery funding but also, in particular, through the Ayrshire Growth Deal and Caring for Ayrshire transformational change programme.

Together these represent a once in a lifetime opportunity for us to make real changes that will potentially transform our economy, our communities and the lives of local people.

The CYPC Joint Meeting was an opportunity to look in detail at what this means for our children and young people and their futures – and for partners to hear direct from CYPC Members about what more we should be doing in partnership to maximise the impact of this investment, to make sure that every young person in East Ayrshire is able to benefit and access the opportunities that will be available in future.

Eddie Fraser, CEO, then asked **Ewan Carmichael, Chair of CYPC** to provide an update on the role and activity of the CYPC.

**Liam Fowley, MSYP** provided an update on some of the national campaigns that CYPC members and local MSYP's had been involved in.

## AYRSHIRE GROWTH DEAL

Lisa Jamieson delivered an overview presentation on the Ayrshire Growth Deal and highlighted what it meant locally in terms of investments and future opportunities it will bring to the people of East Ayrshire.

### **Topics covered:**

- ◇ Creating workforces for the future
- ◇ Connecting Kilmarnock further
- ◇ HALO
- ◇ Green Economy
- ◇ CORE Project — Cumnock
- ◇ GREEN AND BLUE jargon (sea and wave power)
- ◇ International Marine Museum / The Great Harbour / Irvine / Regeneration / more accessible Marine Tourism

19 Projects at present of which some will overlap authorities giving a real positive Pan Ayrshire approach for the future.

Ewan thanked Lisa for a fantastic “whistle-stop” tour before the groups split into Breakout rooms to discuss further.

The breakout rooms were facilitated by members of the EACYP Cabinet.

The first question was : What does the AGD mean to young people, and what opportunities do they see for themselves?



## FEEDBACK FROM AYRSHIRE GROWTH DEAL DISCUSSION GROUPS

AGD was seen as an exciting opportunity, for everyone in the local authority.

The young people expressed interest in the new opportunities relating to science, technology and space; and there was discussion about the role of schools and Ayrshire College in supporting young people to have the training and qualifications needed to take advantage of these – making people aware of the courses available, and different routes to get the skills they need to get into the new types of jobs. They also wanted to know how many opportunities there would be, when these would be available and how they would hear about them.

There was discussion on how best to publicise these opportunities, and to make sure that everyone in our communities, particularly young people were aware of what was happening – ‘we need to get this message out there in a child friendly way’. This could be through the CYPC and other youth networks, using social media or the old fashioned way of putting up posters in schools.

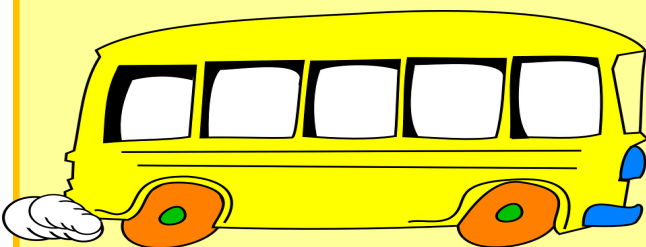
*“Younger people need to be made more aware of these, as these will feature heavily in their future development” CS*

*“Access to people in Kilmarnock areas to Halo and Centrestage mean people have more opportunities than those in rural areas”. LA*

Young people were concerned about equality of access to the opportunities, particularly the transport barriers (cost and scheduling) that might prevent them from being able to take up e.g. job opportunities in South and North Ayrshire.

They were hopeful that the AGD would have a positive impact on reducing poverty locally, and thought it was important that everyone knows about and gets the chance to benefit from the opportunities presented.

AGD could be an enabler for local people to benefit from; and free themselves from barriers reducing financially beneficial job opportunities. STEM Projects are vitally important for people who have good technical skills and ability, but may require additional help on the academic side of things.



Free bus travel from **January 2022** for Under 22s will increase all these opportunities and helped to remove access barriers to those that live in rural and remote areas.

*“It is important that we make sure that people know about these services and opportunities, it needs to be advertised widely across all mediums available.” EC*

***Live, Learn and Earn in Ayrshire will be the motto for the Way Forward!***

3 Projects are Revenue Funded and brings approximately 3 billion pounds for communities in all the Ayrshire's securing jobs and other financial rewards throughout communities. The Cabinet members agreed that these new local opportunities might reduce the number of young people moving away – or might even encourage them back to Ayrshire, as a result of having to attend courses at University or colleges out with their local areas.

UWS and Kilmarnock College amongst others, are looking to increase educational and employment opportunities for young people.

The groups returned to the main platform where the facilitators gave 2 key points each from their discussion groups.

Eddie thanked them all for their positive feedback and great ideas to take forward.

Dr Crawford McGuffie, AAHB was introduced and he shared his presentation giving an overview on the Caring for Ayrshire Transformational Change Programme, with a focus on what this means primarily for young people in East Ayrshire.

Ewan thanked Crawford for his input and asked for participants to once again be divided into their discussion groups.

Once again the young people facilitated the session and some of the feedback was exceptional and very well received.



***“Communication is key to making change”.***

## FEEDBACK FROM CARING FOR AYRSHIRE DISCUSSION GROUPS

The CYPC Members were really passionate regarding young people's mental health and wellbeing, which they saw as the main health issue that Caring for Ayrshire and community planning partners should be focusing on in relation to young people.

Waiting times for access to services such as CAMHs is ridiculously long and how this puts young people off from asking for help.

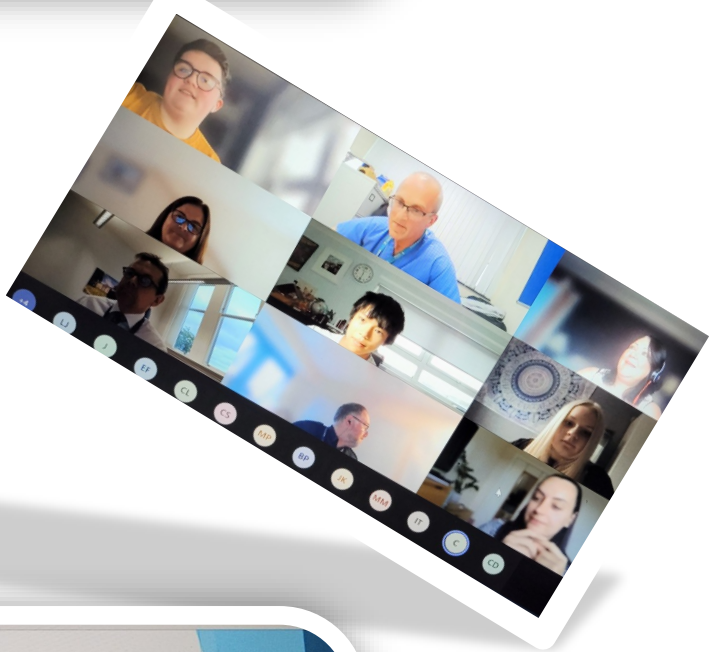
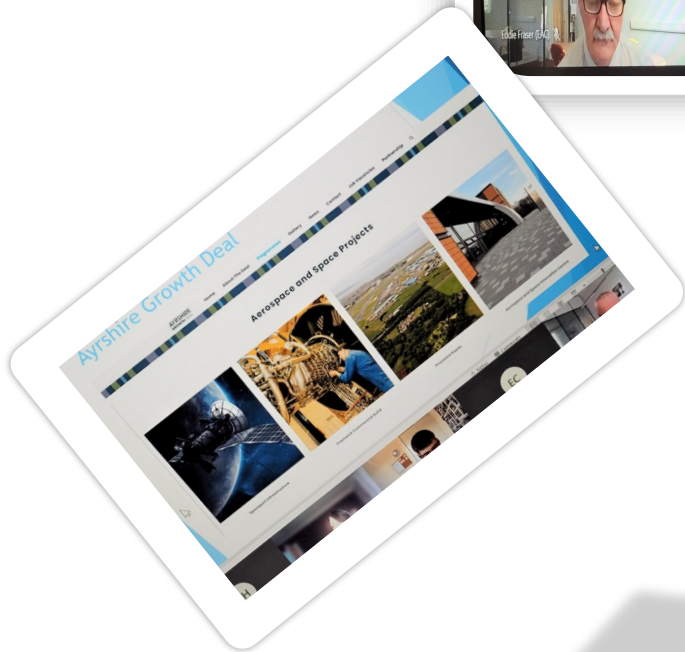
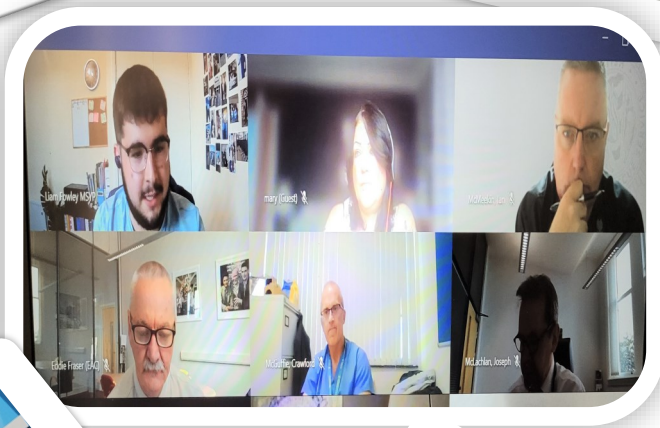
CYPC Members noted the importance of better support within communities e.g. young people supporting each other, peer mentors etc. This mentorship and informal support could be blended with more medical models of care.

They felt that people might be more willing to access support in the community, even if they were scared of going to the GP. To avoid the stigma of being diagnosed with mental health problems.

They talked about the importance of talking to and listening to young people with experience of mental health issues to understand what they need, what works, and how that lived experience could inform the development of new services and Caring for Ayrshire.

They talked about the strength of the community response to the pandemic, which shows what people are willing to do to help and support each other.

***“Healthy Young People not Broken Adults”***, this phrase was used in the presentation and particularly rang true with a CYPC member, who said it makes sense really.





# It is Okay not to be Okay !

## Mental Health Services

NHS—Overstretched

Private Health Care—not equitable

Mental Health and Wellbeing—make it more accessible, encourage schools to focus on mental health more, it doesn't always need a GP, we need to learn to use our resources better.

*“Environment affects our health as well so we need to work on this too! It is scary for young people and it would be good for them to see that their local government can do for them and their local environments”. CL*

*“Mental Health waiting lists are huge and with suicide figures increasing, there needs to be more focus on the multi disciplinary teams approach and quickly especially since Covid”. Craig*

*“Experiences of young people’s mental health, pressures of life, social media and Adverse Child Experiences all affect life expectancy. Derek*

*“Community Hubs—GP’s etc, are out of reach at the moment, would be interesting to see if GP Hubs could have a better referral route, opportunities could be there through this and the AGD”. Lisa J*

The Cabinet Members felt they had an identified role for advocating for children and young people in East Ayrshire and would be keen to promote the support that is available, and raising awareness of Caring for Ayrshire among young people. They also thought that open days, events with schools and youth groups could be used to engage with people about Caring for Ayrshire and the CYPC was keen to be a part of this.

The cost of travel was raised again, in relation to accessing services and support.

*“CfA had given a community pledge, to work with schools and communities to build relationships and understanding around health and wellbeing”. Crawford*

The next planned agenda item was the **COP26 Youth Conference Update**, but there was still some uncertainty around this so there followed a general discussion about the climate change agenda and the CYPC role in the officer/member working group on climate change.

Under AOCB Liam Fowley MSYP commended the Children and Young People’s Service Plan Annual report to partners (circulated before the meeting).

There being no further business, Eddie and Ewan closed the meeting with thanks to all in attendance.





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